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Criticism of puberty blockers misguided, trans girl's mother says (/news/national/514817/criticism-of-puberty-blockers-misguided-trans-girl-s-mother-says)

News [New Zealand \(/News/National\)](/News/National/) / [Children \(/Tags/Children\)](/Tags/Children/) 22 Apr 2024

The mother of a transgender teenager says having her child come out at the age of eight let her and her family take "a deep collective breath".



Ministry of Health delays review into use of puberty blockers (/news/national/514615/ministry-of-health-delays-review-into-use-of-puberty-blockers)

News [New Zealand \(/News/National\)](/News/National/) / [Health \(/Tags/Health\)](/Tags/Health/) 18 Apr 2024

The Health Ministry has again delayed its long-awaited review of the evidence for transgender children and teenagers' use of puberty blockers after a highly critical report from Britain.



Ministry of Health 'taking the time to get it right' on puberty blockers (/news/national/514044/ministry-of-health-taking-the-time-to-get-it-right-on-puberty-blockers)

News [New Zealand \(/News/National\)](#) / [Health \(/Tags/Health\)](#) 11 Apr 2024

The hormone drugs are under increasing scrutiny internationally, with Britain's National Health Service last month banning their routine use outside of clinical trials.



As Britain bans routine use of puberty blockers, will NZ follow suit? (/news/national/513980/government-won-t-say-if-it-will-follow-britain-s-move-to-ban-routine-use-of-puberty-blockers)

News [New Zealand \(/News/National\)](#) / [Health \(/Tags/Health\)](#) 11 Apr 2024

Puberty blockers, often given to young transgender people, are being restricted overseas due to issues around effectiveness and safety.



Puberty blocker use jumps as expert backs results (/news/national/475757/puberty-blocker-use-jumps-as-expert-backs-results)

News [New Zealand \(/News/National\)](#) / [Health \(/Tags/Health\)](#) 29 Sep 2022

The number of children prescribed puberty blockers because they do not identify with their assigned gender has increased exponentially in the last decade, according to Pharmac data.

